



Family Service

# Senior Resource Center

**352-5100**

405 S. State  
Street  
Champaign, IL  
61820

***Assisting  
persons 60  
years of age  
and over  
to maximize  
independence  
through  
personalized  
services and  
linkage to  
community  
resources.***

## **Information and Referral – no charge**

Information over the telephone about private, public, and volunteer community resources of interest to seniors.

## **Outreach – no charge**

In-home assessment and advocacy to increase seniors' access to community resources.

## **Senior Transportation – no charge with Dash Pass**

Rides and transportation alternatives throughout Champaign County for medical appointments and financial or legal matters. Assisted transportation available.

## **Meals on Wheels – fee for service**

Home-delivered, hot, noon meals Monday through Friday in Champaign, Urbana, and limited adjacent areas. For seniors or anyone who has long- or short-term difficulty with cooking. Sack suppers and special diet meals are available.

## **HomeCare – fee for service**

Non-medical, in-home assistance with personal care (bathing, grooming, dressing), meal preparation, shopping, errands, laundry, and housework. Both subsidized and fee-based services are available. All HomeCare Assistants are pre-screened, trained, certified, and closely supervised by professional staff. ***A Personal Planner provides in-home evaluation and recommendations.***

*As we age, many of our needs change, but our need to maintain our independence and dignity remains the same.*

*The Senior Resource Center staff carry out the Family Service mission of helping people by providing quality human services.*

*The Vision of the SRC is to help seniors remain safe, healthy, productive members of our community.*

**Services Financially Supported by Individual and Community Donations ,the East Central Area Agency on Aging, the United Way of Champaign County, the Champaign Co. Mental Health Board, the Cities of Champaign, Urbana & Rantoul, and the**

### **Caregiver Support Services – no charge**

Information, support, advocacy and training to family members caring for seniors and to seniors raising relatives age 18 and under.

### **In-Home Counseling & Advocacy – no charge**

Personal assessment and counseling for seniors who need help with individual or family concerns or who are having difficulty securing services. Services provided by professional case workers trained and experienced in senior needs.

### **Reassurance Calling – no charge**

Telephone calls Monday through Saturday to check on a senior's well being and share friendly conversation. If there is no answer, professional follow-up is provided.

### **Senior Protective Services – no charge**

Assistance for seniors in a home setting who are experiencing abuse, neglect or exploitation. Includes in-home assessment, development of a service plan, counseling, advocacy, practical assistance in obtaining benefits, and services, coordination with other agencies, and monitoring.

To make a confidential report of suspected abuse, or for assistance, call the Senior Resource Center at 217-352-5100 or the Senior Helpline at 1-800-252-8966. *After hours*, call 1-800-279-0400.

**Volunteers** make possible our Transportation, Meals on Wheels and Reassurance Calling Services. Interested?

The **Senior Resource Center** ● 352-5100